

- WELCOME!**      ✧ Welcome! We are glad that you have come to First Immanuel this morning to worship God. We welcome people of every race, ethnic background, social status, physical limitation, sexual orientation and gender identity. We are a Reconciling In Christ congregation. Together, in our diversity, we seek to embrace the love God offers us in Jesus Christ.
- MASKS  
OPTIONAL**      ✧ Our worship services and all activities are mask-optional. Those who wish to wear a mask are welcome to do so, since this is a very effective way to prevent infection. The church continues to provide masks, run air purifiers, and make hand sanitizer available, and our caring FILC physicians continue to encourage vaccination for everyone.
- HOLY  
COMMUNION**      ✧ You are invited to receive God's gifts of forgiveness and new life in Christ at God's table of Holy Communion. We are prepared and worthy to receive the sacrament when we come with a believing heart, trusting that God's love is for us.
- NURSERY**      ✧ We encourage children to participate with their families in the worship service. We have a changing table and nursing area downstairs. Please ask an usher for directions.

### **PARTICIPANTS IN THE SERVICE**

GUEST PASTORS	Donna & Tim Herzfeldt-Kamprath
ASSISTING MINISTER	Ryan Traetow
LECTOR	Leslie Wong
ACOLYTE	Cora Traetow
USHERS	Anke Brandstater & Lauren Kim
COMMUNION PREPARATION	Jeannette O'Brien
COMMUNION BREAD BAKING	John Koonce
CHOIR DIRECTOR	Ralph Nelson
ORGANIST	Karl Jurisons
CAMERA/SOUND TECH	Richard Wong
ZOOM HOST	Chia Stockwell

First Immanuel Lutheran Church  
1816 NW Irving Street  
Portland, Oregon

# FOURTH SUNDAY AFTER EPIPHANY HOLY COMMUNION

28 January 2024

## GATHERING

GATHERING MUSIC      “Hail the Day So Rich in Cheer”      D. Buxtehude, comp.

WELCOME AND PARISH NOTES

SILENT PREPARATION FOR WORSHIP

REMEMBERING OUR BAPTISM

*Our baptismal font is filled with water, reminding us of God’s gift of new life in Christ. When you come forward for communion, you are invited to dip a finger in the water and trace the sign of the cross on your forehead to remember and give thanks for your baptism.*

Pastor:      Creator Spirit, wellspring of our lives, as the refreshing rain falls on the just and unjust alike,

**People:      refresh us with your mercy, for we stand in need of your presence.**

Pastor:      As the stream flows steadily on, defying all the odds of stone and water,

**People:      flow over every boundary and border that separates us from one another.**

Pastor:      As the waters of baptism washed us and welcomed us,

**People:      renew us now in your power of love and new life. Hold us in the strength and peace of your abiding presence. Amen**

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**OPENING HYMN****“Rise, Shine, You People!”****ELW 665** (*red book*)

1. Rise, shine, you people!  
Christ the Lord has entered  
our human story;  
God in him is centered.  
He comes to us,  
by death and sin surrounded,  
with grace unbounded.
2. See how he sends the  
pow'rs of evil reeling;  
he brings us freedom,  
light and life and healing.  
All men and women,  
who by guilt are driven,  
now are forgiven.
3. Come, celebrate; your  
banners high unfurling,  
your songs and prayers  
against the darkness hurling.  
To all the world go  
out and tell the story  
of Jesus' glory.
4. Tell how the Father  
sent the Son to save us.  
Tell of the Son, who  
life and freedom gave us.  
Tell how the Spirit  
calls from ev'ry nation  
God's new creation.

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**APOSTOLIC GREETING**

**Pastor:** The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

**People:** **And also with you.**

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**THE KYRIE****SING**

**Assistant:** In peace, let us pray to the Lord.

**Refrain:**   
Lord, have mer - cy.

**Assistant:** For the peace from above, and for our salvation, let us pray to the Lord.  
(**Refrain**)

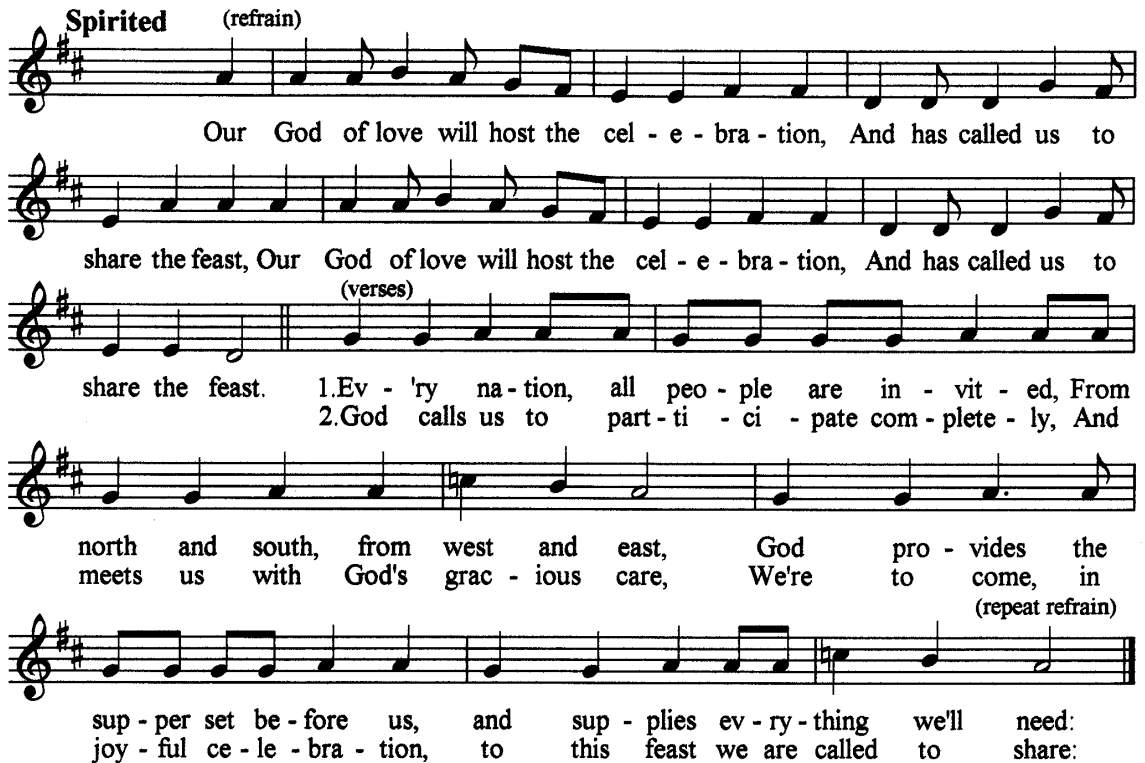
**Assistant:** For the peace of the whole world, for the wellbeing of the church of God, and for the unity of all, let us pray to the Lord. (**Refrain**)

**Assistant:** Help, save, comfort and defend us, gracious Lord.

**People:**   
A - - men!

## HYMN OF PRAISE

**Spirited** (refrain)



Our God of love will host the cel - e - bra - tion, And has called us to  
share the feast, Our God of love will host the cel - e - bra - tion, And has called us to  
(verses)  
share the feast. 1. Ev - 'ry na - tion, all peo - ple are in - vit - ed, From  
2. God calls us to part - ti - ci - pate com - plete - ly, And  
north and south, from west and east, God pro - vides the  
meets us with God's grac - ious care, We're to come, in  
(repeat refrain)  
sup - per set be - fore us, and sup - plies ev - ry - thing we'll need:  
joy - ful ce - le - bra - tion, to this feast we are called to share:

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## PRAYER OF THE DAY

**Pastor:** Let us pray.

**People:** Compassionate God, you gather the whole universe into your radiant presence and continually reveal your Son as our Savior. Make whole all that is broken and speak truth to us in our confusion, that all creation will see and know your Son, Jesus Christ, our Savior and Lord. Amen

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## WORD

ANTHEM

“How Can I Keep from Singing?”

Jeffrey Honoré, arr.

## THE FIRST LESSON

## Deuteronomy 18:1-8

*Today's reading is part of a longer discourse in Deuteronomy, an updating of the law for the Israelite community as the people wait to enter the promised land.*

*Here Moses assures the people that God will continue to guide them through prophets who will proclaim the divine word.*

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## THE SECOND LESSON

## 1 Corinthians 8:1-13

*Paul is concerned about the way some Corinthian Christians use their freedom in Christ as license to engage in non-Christian behavior that sets a damaging example to other, impressionable believers. Christians have a responsibility to each other that their behavior does not cause another to sin.*

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## GOSPEL ACCLAMATION

## SING

Al - le - lu - ia, Al - le - lu - ia, Al - le -  
- lu - ia, Al - le - lu - ia. Your Word is a lamp, a lamp un - to my  
feet, Your Word is a light, a light up - on my path: Al - le -  
- lu - ia, Al - le - lu - ia, Al - le -  
- lu - ia, Al - le - lu - ia.

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## THE GOSPEL

## Mark 1:21-28

*Forces that would bring death and disease have taken hold of a man, yet they recognize Jesus and know what his power means for them. Jesus commands these forces to leave and people are amazed at his authority.*

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## CHILDREN'S TIME

### THE SERMON

**Pastor Tim Herzfeldt-Kamprath**

### HYMN OF THE DAY

### “Cast Out, O Christ”

ACS 1016 (*blue book*)

1. Cast out, O Christ, cast far away  
the demons that destroy:  
the haunting dreads  
that choke our souls,  
the hates that stifle joy.
2. Our raging griefs, our jealous fears  
are Legion in their name.  
Our shackled hearts  
implore your grace  
to loose our binding shame.
3. Once long ago, from Galilee,  
you sailed to storm-tossed shores.  
And still, in pow’r,  
you brave new paths  
to breach our bolted doors.
4. Your word breathes life  
and health and hope  
that break through evil’s thrall.  
You send us, strengthened,  
home in peace  
to live your gospel call.
5. So come, O Christ, and cast away  
the demons that destroy.  
Transform our lives  
to sense your love  
and spread abroad your joy.

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### PRAYERS OF THE PEOPLE

Assistant: Led by the light of Christ, let us pray for the church, the world, and all who are in need.

*After each petition...*

Assistant: Hear us, O God.

**People: Your mercy is great.**

*The prayers conclude...*

Pastor: Into your hands, gracious God, we commend all for whom we pray, trusting in your mercy, through Jesus Christ our Savior.

**People: Amen**

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# HOLY COMMUNION

## SHARING THE PEACE

**Pastor:** The peace of Christ be with you always.

**People:** And also with you.

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## GATHERING OF GIFTS

### “Gavotte”

**J.S. Bach, comp.  
Sharon Rogers, arr.**

## SETTING THE TABLE

Farms and fields and gar - dens, Filled with gold - en grain,  
Orch - ards, vine - yards yield - ing Fruits of your de - sign.  
In the bread You've gi - ven, We live in Your reign. We re -  
Signs of your a - bun - dance, In this bread and wine.  
turn to You, God, gifts you have gi - ven, Know - ing that you love us,  
Know - ing we're for - giv - en, Know - ing we're for - giv - en.

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**Assistant:** Let us pray. Merciful God,

**People:** receive the gifts we bring, our selves, our time, and our possessions.  
Through this meal, unite us as your body, shining with the light of your  
justice and mercy; for the sake of him who gave himself for us, Jesus  
Christ our Lord. Amen

*From Sundays & Seasons 2003, © 2002 Augsburg Fortress.*

# THE GREAT THANKSGIVING

SING

The Lord be with you and al - so with you;

Lift up your hearts, we lift them to the Lord, Let us give thanks to the Lord

our God, It is right to give our thanks and praise.

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Pastor: It is indeed right and good...we praise your name and join their unending hymn:

People:

Ho - ly, Ho - ly, Ho - ly Lord, God of pow'r and might, Heav'n and earth are

full of your glo - ry, Ho - san - na in the high - est! Bless - ed is the

one, who comes in the name of the

Lord, Ho - san - na in the high - - - est!

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# THE EUCHARISTIC PRAYER

Pastor: Blessed are you, O holy God: You are the Life and Light of all....  
...To you be honor and glory, now and forever.

People: Amen



## THE LORD'S PRAYER

READ

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen

## INVITATION TO COMMUNION

Pastor: The gifts of God for the people of God. Come, for all is now ready.

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*All are welcome at Christ's table, where the risen Christ is present to strengthen us to share in God's loving purposes for the world. The ushers will direct you to the altar rail. The glasses in the center of the communion tray contain grape juice for those who wish it. If you require a gluten-free wafer, please ask the pastor. To receive a pastoral blessing instead of the bread and wine, simply fold your hands.*

## LAMB OF GOD

SING

Lamb of God you take away the sin of the world have  
mer - cy on us. world, grant us peace.

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## DISTRIBUTION HYMN 1 "Come and Fill Our Hearts"

ELW 528 (red book)

Come and fill our hearts with your peace.

You alone, O Lord, are holy.

Come and fill our hearts with your peace. Alleluia! (*Repeat*)

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**DISTRIBUTION HYMN 2 “For the Bread Which You Have Broken” ELW 494** (*red book*)

1. For the bread  
    which you have broken,  
    for the wine which you have poured,  
    for the words which  
        you have spoken,  
    now we give you thanks, O Lord.
2. By this promise that you love us,  
    by your gift of peace restored,  
    by your call to heav’n above us,  
    hallow all our lives, O Lord.
3. With the saints who now adore you  
    seated at the heav’nly board,  
    may the church still waiting for you  
    keep love’s tie unbroken, Lord.
4. In your service, Lord, defend us;  
    in our hearts keep watch and ward,  
    in the world to which you send us  
    let your kingdom come, O Lord.

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**DISTRIBUTION HYMN 3**

**“Deep Peace”**

**ACS 1018** (*blue book*)

Deep peace of the running waves,  
    deep peace of the flowing air,  
deep peace of the shining stars to you,  
deep peace of the quiet earth. (*Repeat*)

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**BLESSING**

**Pastor:** May the grace of our Lord Jesus Christ and the gifts of Christ’s body and blood strengthen, keep and unite us, now and forever.

**People:** **Amen**

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**POST-COMMUNION PRAYER**

**Assistant:** Let us pray.

**People:** **We thank you, O God, that you have strengthened our hearts through this feast of life and salvation. Be the light for our path, that we may do justice, love kindness, and walk humbly with you, now and forever.**

**Amen**

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<b>SENDING</b>
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**BENEDICTION**

**Pastor:** May Jesus Christ, the light of the world, fill your hearts and illumine your path. Almighty God, Creator, ✠ Savior, and Holy Spirit, bless you now and forever.

**People:** **Amen**

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**CLOSING HYMN****“Rise Up, O Saints of God!”****ELW 669** (*red book*)

1. Rise up, O saints of God!  
From vain ambitions turn;  
Christ rose triumphant  
that your hearts  
with nobler zeal might burn.
2. Speak out, O saints of God!  
Despair engulfs earth's frame;  
as heirs of God's baptismal grace,  
the word of hope proclaim.
3. Rise up, O saints of God!  
The kingdom's task embrace;  
redress sin's cruel consequence;  
give justice larger place.
4. Give heed, O saints of God!  
Creation cries in pain;  
stretch forth your hand  
of healing now,  
with love the weak sustain.
5. Commit your hearts to seek  
the paths which Christ has trod  
and quickened by  
the Spirit's power,  
rise up, O saints of God!

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**SENDING**

Assistant: Go in peace. You are light for the world.

**People: Thanks be to God.**

**ORGAN POSTLUDE****“Laudation”****Gilbert M. Martin, comp.**

*You are welcome to remain in the sanctuary for prayer.  
The front section of our worship area is dedicated as quiet prayer space  
following the close of worship. God be with you.*

# FIRST IMMANUEL LUTHERAN CHURCH

*“A Welcoming Community Centered in Christ’s Love,  
Joyfully Reaching Out Together”*

1816 NW Irving Street, Portland, Oregon 97209

Phone: 503/226-3659

Office Hours: Mon.-Fri., 9 AM—5 PM

[www.firstimmanuelluth.org](http://www.firstimmanuelluth.org)

[office@firstimmanuelluth.org](mailto:office@firstimmanuelluth.org)

## **MINISTRY TEAM**

Every Member of First Immanuel  
Congregation President: James Bash  
Office Manager: Debbie Rehn

## **CHURCH COUNCIL**

James Bash, President  
Andrew Drexler, Vice President  
Bobbi Varnes, Vice President  
Linnea Zahradnik, Secretary  
Dan Dietz  
Martha Driessnack  
Lauren Kim  
Jeannette O’Brien  
Tyrell Servo  
Chia Stockwell  
Jim Wick  
Kent Fredrickson, Treasurer

**Note: For live links, please see our weekly e-news or website**

## **FILC Annual Meeting RESCHEDULED: Sunday, Feb. 4 at 1 PM**

With the wild winter weather thankfully behind us, and everyone busy catching up at work and at home, the Executive Committee has decided to reschedule our congregation's annual meeting. It will now take place **next Sunday, Feb. 4 at 1 PM**, at this [Zoom link](#) (Meeting ID: 947 7040 3975, Passcode: 608141). We will launch the meeting from the Internet setup in the Sodergren Hall library. If you'd like to join us there, you are welcome, but keep in mind that no potluck will be arranged for the meeting.



Issues to be discussed include:

- **Budget Proposal**—Treasurer Kent Fredrickson and Council are very excited to propose a balanced budget for 2024. View the preliminary 2024 Ministry Proposal [here](#).
- **Revised Church Constitution**—Our member Jennifer Trom, who also serves on the ELCA national church council, has updated our constitution to more closely match the ELCA's recommended model constitution. We will vote on these revisions during the annual meeting. Review the suggested changes [here](#).
- **Multnomah County Property Tax Issue**—Marja Selmann will give an update on this issue, which hopefully will be resolved this year.
- **New Council & Endowment Committee Members**—We will thank outgoing members and welcome new members who are ready to help lead our congregation.

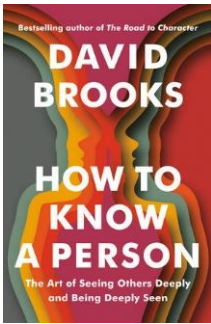
With the retirement of Pastors Aaron and Melinda, our congregation is now in a period of transition. **Your attendance will be much needed and appreciated** as we seek to move forward. With your help, we can make this a positive journey. The Synod office has promised to help us keep on a good footing. Let's go, team!

*—James Bash, Congregation President and chief cheerleader*

## **Sunday School—2nd & 4th Sundays, 10 AM**

Kids and youth, today is for you, with Sunday School meeting at 10 AM. In February, we'll again meet on the second and fourth Sundays (2/11 and 2/25). Join us at 10 AM for friends, fun and learning. **We have two classes: a youth group and a class for the younger kids.** Can't wait to see you!





## Forum, Sundays 9:30-10:30 AM

### ***How to Know a Person: The Art of Seeing Others Deeply and Being Deeply Seen by David Brooks***

We're starting a brand new book by David Brooks. *One skill lies at the heart of any healthy person or society: the ability to accurately know another person, to let them feel valued, heard, and understood. This book explores the profoundly creative act of seeing another person—a way to grow personally, grow in Christian community and outreach, and grow the understanding and trust so much needed in our conflicted society.* Join us on Sundays in Sodergren library or live via Zoom at [this NEW Zoom link](#), Meeting ID: 993 6441 5673, Passcode: 069629.

## **EMO Interfaith Legislative Forum Today, 1:30-3:30 PM**

*Would you like to hear from Oregon's Senators and Representatives about session priorities, and learn how to be most effective in your advocacy efforts?*

The Interfaith Legislative Forum will provide an overview of legislative issues of concern to the faith community in the coming session. The forum is free. Register online at <https://emoregon.org/event/forum/>.



## **Free Bricks Available**



Have a DIY project that could use about 250 good, red bricks? Our amazing Property guru Jim Wick can hook you up! Just give him a call or email (503-936-5364, [Wickjames2@gmail.com](mailto:Wickjames2@gmail.com)).

In pouring rain, Jim removed the bricks around our curbside trees on Irving Street—tree roots had pushed them around in every direction over time, making them quite hazardous. Thank you, Jim!

## **First Immanuel YouTube Recordings**

Have you visited our FILC YouTube channel? Most every week our worship services are recorded and posted on YouTube for viewing at any time. It's a whole new frontier of outreach!





**FIRST READING: Deuteronomy 18:15-20**

[Moses said:] “The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. <sup>16</sup>This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: “If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.” <sup>17</sup>Then the LORD replied to me: “They are right in what they have said. <sup>18</sup>I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. <sup>19</sup>Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. <sup>20</sup>But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

**Psalm 111****SECOND READING: 1 Corinthians 8:1-13**

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. <sup>2</sup>Anyone who claims to know something does not yet have the necessary knowledge; <sup>3</sup>but anyone who loves God is known by him.

<sup>4</sup>Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” <sup>5</sup>Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—<sup>6</sup>yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

<sup>7</sup>It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. <sup>8</sup>“Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. <sup>9</sup>But take care that this liberty of yours does not somehow become a stumbling block to the weak. <sup>10</sup>For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? <sup>11</sup>So by your knowledge those weak believers for whom Christ died are destroyed. <sup>12</sup>But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. <sup>13</sup>Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

**GOSPEL: Mark 1:21-28**

[Jesus and his disciples] went to Capernaum; and when the sabbath came, he entered the synagogue and taught. <sup>22</sup>They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. <sup>23</sup>Just then there was in their synagogue a man with an unclean spirit, <sup>24</sup>and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” <sup>25</sup>But Jesus rebuked him, saying, “Be silent, and come out of him!” <sup>26</sup>And the unclean spirit, convulsing him and crying with a loud voice, came out of him. <sup>27</sup>They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” <sup>28</sup>At once his fame began to spread throughout the surrounding region of Galilee.

**Next Sunday's Readings:** Isaiah 40:21-31; Psalm 147:1-11, 20c; 1 Corinthians 9:16-23; Mark 1:29-39.

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Tracks 1 and 2  
ELCA-R